



Cacao & Hemp Protein Balls

10 servings15 minutes

Ingredients

32 grams Hemp Seeds (1/4 cup) 1/2 cup Hemp Protein Powder (64 grams)

1/4 cup Nut Butter (32g Almond, Peanut or Macadamia butter)

3 tbsps Maple Syrup

64 grams Cacao Powder (1/2 cup, or Carob Powder)

2 tbsps Coconut Oil (Melted)

360 milligrams Sea Salt (pinch)

Nutrition

Amount per serving	
Calories	119
Fat	7g
Carbs	8g
Fiber	3g
Sugar	4g
Protein	6g
Calcium	44mg
Iron	1mg
Vitamin D	0IU
Folate	5µg
Vitamin B12	0.1μg
Phosphorous	117mg
Magnesium	84mg
Zinc	1mg
Selenium	1μg

Directions

Put all ingredients into a bowl or food processor and mix well.

2 Squeeze tight and roll into firm balls, approx 1 Tblspn sized.

Roll into some coconut, cacao powder or hemp seeds (optional).

4 Refrigerate and enjoy!